

Lampiran Data Sampel

| ID | Usia (tahun) | BB (Kg) | TB (Cm) | IMT (Kg/m <sup>2</sup> ) | Kaki Server | Tes 1 | Tes 2 | Tes 3 | SRT  | Tes 1 | Tes 2 | Tes 3 | Tes 4 | Tes 5 | Akurasi Servis |
|----|--------------|---------|---------|--------------------------|-------------|-------|-------|-------|------|-------|-------|-------|-------|-------|----------------|
| RH | 12           | 33,4    | 146,5   | 15,6                     | Kanan       | 38,0  | 38,0  | 38,0  | 38,0 | 7     | 7     | 5     | 8     | 4     | 31,0           |
| SA | 13           | 46,3    | 158,0   | 18,5                     | Kanan       | 34,0  | 35,0  | 34,0  | 34,3 | 5     | 9     | 4     | 5     | 8     | 31,0           |
| F  | 13           | 38,6    | 153,0   | 16,5                     | Kanan       | 25,0  | 25,0  | 24,0  | 24,6 | 5     | 6     | 6     | 7     | 6     | 30,0           |
| DS | 12           | 35,5    | 144,0   | 17,1                     | Kanan       | 30,0  | 35,0  | 35,0  | 33,3 | 8     | 5     | 7     | 5     | 7     | 32,0           |
| PF | 12           | 30,5    | 144,0   | 14,7                     | Kanan       | 38,0  | 38,0  | 39,0  | 38,3 | 6     | 7     | 9     | 6     | 8     | 36,0           |
| AP | 13           | 34,4    | 150,0   | 15,3                     | Kanan       | 39,0  | 40,0  | 41,0  | 40,0 | 8     | 8     | 7     | 7     | 7     | 37,0           |
| AS | 14           | 78,2    | 171,0   | 26,7                     | Kanan       | 43,0  | 44,0  | 44,0  | 43,7 | 7     | 5     | 6     | 8     | 9     | 35,0           |
| S  | 15           | 50,7    | 161,0   | 19,6                     | Kanan       | 50,0  | 51,0  | 51,0  | 50,7 | 6     | 7     | 9     | 7     | 9     | 38,0           |
| H  | 14           | 41,8    | 161,0   | 16,1                     | Kanan       | 46,0  | 44,0  | 47,0  | 45,7 | 8     | 6     | 8     | 7     | 5     | 34,0           |
| Z  | 13           | 43,9    | 152,0   | 19,0                     | Kanan       | 41,0  | 40,0  | 38,0  | 39,7 | 6     | 8     | 7     | 7     | 5     | 33,0           |
| R  | 14           | 73,7    | 176,0   | 23,8                     | Kanan       | 40,0  | 40,0  | 41,0  | 40,3 | 5     | 5     | 8     | 5     | 9     | 32,0           |
| Y  | 16           | 54,4    | 160,0   | 21,3                     | Kanan       | 41,0  | 46,0  | 39,0  | 42,0 | 4     | 6     | 8     | 7     | 7     | 32,0           |

|    |    |      |       |      |                |      |      |      |      |   |   |   |   |   |      |
|----|----|------|-------|------|----------------|------|------|------|------|---|---|---|---|---|------|
| Y  | 16 | 55,1 | 167,0 | 19,8 | n<br>Kana<br>n | 39,0 | 42,0 | 41,0 | 40,7 | 8 | 5 | 6 | 5 | 9 | 33,0 |
| A  | 19 | 54,7 | 170,0 | 18,9 | n<br>Kana<br>n | 56,0 | 55,0 | 56,0 | 55,7 | 6 | 8 | 8 | 9 | 7 | 38,0 |
| D  | 14 | 32,6 | 145,0 | 15,5 | n<br>Kana<br>n | 40,0 | 43,0 | 43,0 | 42,0 | 4 | 6 | 7 | 5 | 9 | 31,0 |
| AD | 16 | 52,2 | 165,0 | 19,2 | n<br>Kana<br>n | 43,0 | 44,0 | 44,0 | 43,7 | 6 | 8 | 7 | 6 | 8 | 35,0 |

Sumber Data : Data Primer

Ket :

- BB : Berat Badan
- TB : Tinggi Badan
- IMT : Indeks Masa Tubuh
- SRT : *Sit and Reach Test*